

SELFTRACE for Coaches

Turn recurring blocks into visible patterns and practical next moves.



Vertical

Executive coaching, life coaching, leadership, and performance work

Focus

SELFTRACE for Coaches

Core

Scientific + actionable

SELFTRACE lets clients see how they respond inside micro-scenarios of tension, decision, and relationship. That creates a much stronger base for accountability, clarity, and sustained behavioral change.

What makes this valuable

- Short scenarios that reveal how a person acts when the moment actually matters.
- Usable feedback in simple language, with a realistic alternative to test.
- An accumulating dashboard to track progress, consistency, and blind spots.

Use cases

- Habit change, focus, leadership, and difficult-conversation work.
- Between-session follow-up with evidence of recurring patterns.
- Identity exploration without relying on static tests.

Relevant benefits for this sector

- Coaching sessions become more focused and less abstract.
- Clients gain a stronger ability to see their automatic responses in action.
- A better bridge between insight and concrete behavior.

Sharing notes

- Especially strong for premium programs, 1:1 work, and transformational coaching.
- Supports deeper processes with stronger follow-through.
- Adapts well to rounds, epochs, and profile review moments.

Scientific and operational basis

SELFTRACE combines deterministic pattern reading grounded in psychological flexibility, traits, and attachment theory. AI only improves the output language; detection itself relies on reproducible rules.



Invite them to explore SELFTRACE

Share this brochure with people, teams, or institutions who may find it useful. SELFTRACE turns real micro-decisions into clear, actionable signals with scientific grounding.

Registration / access: <https://www.self-trace.com/Identity/Account/Register>

System guide: <https://www.self-trace.com/HowItWorks>

Entry page: <https://www.self-trace.com/>