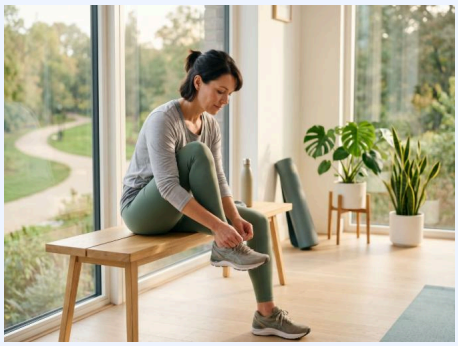
SELFTRACE for Sports Clubs

Behavioral reading for performance, self-control, and cohesion under pressure.



Vertical
Sports clubs, academies, coaches, and competitive development programs

Focus
SELFTRACE for Sports Clubs

Core
Scientific + actionable

SELFTRACE helps read how athletes, coaches, or teams react to error, pressure, frustration, bench time, internal conflict, or competition. That adds a powerful mental and behavioral layer to performance and development work.

What makes this valuable

- Micro-scenarios that translate sports pressure into observable choices.
- Pattern, cost, and alternative readout in practical language.
- Can track behavioral evolution across rounds and stages.

Use cases

- Mental training, sports leadership, and pressure regulation.
- Youth academies, development squads, and competitive maturation.
- Prevention of self-sabotage, overload, or locker-room friction.

Relevant benefits for this sector

- Better self-control and a sharper read on error, frustration, and pressure.
- Greater precision when working on leadership, discipline, and cohesion.
- An attractive format for athletes who reject overly theoretical tools.

Sharing notes

- Fits naturally in clubs, academies, high performance, and formative sports.
- Can be used as a complement to mental coaching or integral performance work.
- Very valuable wherever behavior under pressure defines results.

Scientific and operational basis

SELFTRACE combines deterministic pattern reading grounded in psychological flexibility, traits, and attachment theory. AI only improves the output language; detection itself relies on reproducible rules.

Invite them to explore SELFTRACE

Share this brochure with people, teams, or institutions who may find it useful. SELFTRACE turns real micro-decisions into clear, actionable signals with scientific grounding.

Registration / access: https://www.self-trace.com/Identity/Account/Register

System guide: https://www.self-trace.com/HowItWorks

Entry page: https://www.self-trace.com/